



# Do This, Not That!:

## The Educator's Guide to Working with Mental Health Conditions

Sponsored by Region 10 Coordinating Council and the West End SELPA

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Diagnostic Center South, California Department of Education

**Date:** Tuesday, October 29, 2019

**Time:** Registration time: 8:00 a.m. to 8:30 a.m. (coffee & light breakfast)  
**Presentation:** 8:30 a.m. to 12:45 p.m.

**Where:** West End Educational Service Center  
8265 Aspen Avenue, Rancho Cucamonga, CA 91730

**Fee:** \$15.00, includes handout and light breakfast

Oops! You did it again. You stepped on a student's emotional land mine. Are you spending too much time dealing with the behavioral fallout from emotions you accidentally triggered? Are there things you should have avoided saying or doing? The short answer: Yes! In this program, you'll learn practical steps to change the environmental structures for students with emotional-behavioral disorders. With this half-day presentation, you will learn triggers and side-stepping them without walking on eggshells, as well as proactive supports and strategies that reduce unwanted behaviors and improve learning outcomes. This training is considered to be part two of four important trainings you will need to become better equipped to work with the new treatment model.

Participants will:

1. Learn what factors underlie common emotional-behavioral disorders.
2. Learn common factors that exacerbate student distress and how to avoid these.
3. Learn how to engineer classrooms/programs to improve affective and behavioral stability.
4. Learn easy-to-use methods and technologies known to be effective in supporting and teaching students with emotional-behavioral disorders.
5. Learn curricular planning methods to help target and time effective instruction.
6. Identify various functional deficits of student disorders as well as the corresponding methods of support, direct instruction and behavioral reinforcement necessary for student improvement.

**Audience:** Special education teachers, school psychologists, administrators, LCSWs, LMFTs, LPCCs, clinical psychologists, ERMHS staff or school counselors specifically designated to working with special needs students, and others who actively work with youth who have mental health concerns

**Questions:** Maureen Blair, WESELPA Office Specialist, (909) 476-6130 / [maureen.blair@sbcss.net](mailto:maureen.blair@sbcss.net)

**Registrations must be submitted on-line at:**

<https://sbcss.k12oms.org/57-171055> - Follow OMS online registration instructions

**Payments:** Submit copy of the OMS pending notification, check/purchase order (payable to: SBCSS) before the **October 21, 2019 registration deadline** to: West End SELPA, c/o Maureen Blair 8265 Aspen Ave. Suite 200, Rancho Cucamonga, CA 91730. Payment will confirm the registration.

*Refunds will not be provided for no shows or cancellations made after October 23, 2019*

Individuals who require special accommodations for disabilities are asked to contact Maureen Blair at (909) 476-6158, at least fifteen (15) working days prior to the workshop.

Request may also be made on the OMS registration page.