

West End SELPA Presents...

Trauma Informed Care/ Understanding Positive Student Mental Health Presentations

Presented by Cheryl Goldberg-Diaz, Program Manager, DMCC

Tuesday, October 1, 2019

8:00 a.m. – 8:30 a.m. – Registration/Coffee

Session 1: 8:30 a.m. – 11:30 a.m. **Trauma, Toxic Stress, Behavior and Impact on the Developing Brain**

In the course participants will gain insight into the changes that occur in the brain due to prenatal exposure, trauma, and stress, and how these changes relate to the child's functioning in the home, school, and community. The impacts on learning, behavior and relationships will be explored. Participants will learn specific interventions to assist children who have experienced these negative events.

Session 2: 12:30 p.m. – 3:30 p.m. **Understanding and Supporting Positive Student Mental Health**

The course will empower classroom teachers and staff to recognize risk factors and warning signs for the most common mental health challenges in children such as depression and anxiety. Participants will learn how social-emotional development can impact academic success. Specific tools and strategies needed to promote positive learning climates, increase motivation and enhance social and academic achievement will be provided in this learning opportunity.

Session 1 & 2: 8:30-3:30 (*same topics listed above*)

Location: West End Educational Service Center
8265 Aspen Ave. Rancho Cucamonga, CA 91730

Fee: Session 1 only \$20.00 Includes Handouts
Session 2 only \$20.00 Includes Handouts
Both Sessions \$40.00 Includes Handouts (lunch on your own)

Intended Audience: General and Special Education Teachers, Administrators, School Psychologists, Program Specialists, SLP's, OT's and APE's

Registrations must be submitted on-line at:

<https://sbcss.k12oms.org/57-173442> Follow OMS online registration instructions

Payments: Submit a copy of the OMS pending notification, check/purchase order (payable to SBCSS) before the September 19, 2019 registration deadline to WEST END SELPA c/o Maureen Blair, 8265 Aspen Ave. Suite 200, Rancho Cucamonga, CA 91730. Payment will confirm the registration.

Refunds will not be provided for no shows or cancellations made after Thursday, September 25, 2019.



Individuals who require special accommodations for disabilities are asked to contact Maureen Blair at maureen.blair@sbcss.net or call 909.476.6130, at least (15) working days prior to the workshop. Requests may also be made on the OMS registration page.