

The West End SELPA (WESELPA) is pleased to present



The Academy for Parent Partners (APP) Part II



What is the Academy for Parent Partners?

The purpose of the Academy is to offer training to parents of students with special needs, on topics related to special education and enhance their understanding of the system and available supports. Parents will also connect with the Community Advisory Committee (CAC), an excellent source of additional training and support.

★ **For Parents of Newly Identified Students and any Parent in West End SELPA Districts.**

Dates offered:	Topic:	Description:
Tuesday, January 15, 2019 5:30 pm to 7:30 pm	DVD Presentation: Understanding Learning Disabilities – How Difficult Can It Be? F.A.T. City Workshop (Frustration, Anxiety, Tension): Learning Disabilities Presented by Richard D. Lavoie, M.A. M. Ed,	In this workshop review, Richard D. Lavoie leads a group of parents, educators, psychologists and children through a series of exercises that cause frustration, anxiety and tension.... feelings all too familiar to children with learning disabilities See the world through the eyes of a child.
Tuesday, January 22, 2019 5:30 pm to 7:30 pm	Disability Awareness – A Simulation Presented by West End SELPA Staff	Parents will participate in activities that provide insight into the challenges for a person who is deaf, blind, has a processing disorder, or physical limitations.
Tuesday, January 29, 2019 5:30 pm to 7:30 pm	The IEP Process – Part II Presented by Diana Turner, WESELPA Program Specialist and Jeff Frazier, WESELPA School Psychologist	This training walks parents through the IEP Process, through the lens of Educational Benefit Analysis. We address the questions, "What is an IEP?", "What is my role?", "What happens at an IEP meeting and who attends?" Answers to these questions and more will be provided.
Tuesday, February 5, 2019 Morning Session 8:30 am to 11:30 am Afternoon Session 12:30 pm to 3:30 pm	*Working Together as a Team in IEP Meetings: Understanding and Working with High Emotion Morning Session Presented by Nina Meierding, MS, JD <i>Lunch Break (parent lunch included)</i> *Understanding Enduring Conflict Afternoon Session Presented by Greg Abell, Sound Options Group	This training will explore practical techniques in dealing with high emotion (frustration, anger and fear). The goal of the workshop is not to try to eliminate emotions from meetings, but to learn how to create a collaborative environment when strong feelings are present – so the focus remains on the child. Some conflicts seem destined to continue for a long time. The attendees will learn about the nature of conflict and their own personal ability to deal with it. Strategies for accepting, addressing and responding to conflict will be presented.
(Note: These two off-site trainings will be held at Parent Engagement Center-Chino Valley USD)		
Tuesday, February 12, 2019 5:30 pm to 7:30 pm	Understanding the Grief Cycle	Parents will find it helpful to learn about the patterns of grief that are experienced as they give up the hopes and dreams they originally had for their child and accept a new reality and appreciate how the child enriches their life.

TO REGISTER

Contact Anna Hernandez at the West End SELPA at 909-476-6158. If not available please leave a voice mail with your name, telephone number, the school or school district that your child attends plus the session(s) -date(s) you wish to attend.
Or email Anna Hernandez at: anna.hernandez@sbcss.net

LOCATION FOR EACH SESSION (*unless otherwise noted)

West End Educational Service Center (WESELPA)
8265 Aspen Avenue, Rancho Cucamonga CA 91730

OFF-SITE LOCATION

***Parent Engagement Center, Chino Valley Adult School,**
12970 Third Street, Chino CA 91710 (parking at Monte Vista and Riverside Drive)

Feel free to contact our West End SELPA office at 909-476-6158 if you have any further questions.

Or email: loyd.rekstad@sbcss.net or anna.hernandez@sbcss.net